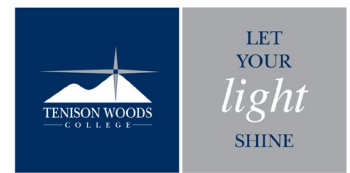


Tenison Woods College 2025 Canteen Price List

Reception – Year 9



The canteen operates within the **Red**, **Amber** and **Green** food guidelines.



GREEN FOODS
No limit, eat everyday



AMBER FOODS
May be eaten daily in limited amounts



RED FOODS
May be eaten occasionally

Food Items

GREEN FOODS

	All wraps have a light spread of butter and mayonnaise		
	Lavash bread wrap with salad - lettuce, cheese, carrot		\$5.00
	Lavash bread wrap with egg and lettuce		\$5.00
	Lavash bread wrap with ham and salad		\$5.00
	Lavash bread wrap with chicken and salad		\$5.00
	Sandwiches / Rolls ~ White / Wholemeal (Please indicate your choice)		
	<i>All sandwiches/ rolls are buttered unless otherwise stated.</i>		
	1 Filling		\$3.50
	Additional fillings		50c each
	- Chicken	- Alfalfa	- Tomato
	- Ham	- Lettuce	- Cucumber
	- Tuna	- Cheese	- Capsicum
	- Egg	- Carrot	- Beetroot
	Mayonnaise		No Charge
	Salads - Please note there will be no alterations to salad		
Ham or Roast Chicken - lettuce, egg, cheese & carrot G/F		\$4.00	
Chicken Tenderloin - lettuce, capsicum, cucumber, cheese, carrot, cherry tomato, alfalfa & celery		\$5.00	
Noodle Salad (Includes bamboo cutlery)		\$3.50	

RED & AMBER FOODS


	Hot Food	
	Party Sausage Roll	\$2.00
	Party Pie	\$2.00
	Meat Pie	\$5.20
	Potato Pie	\$5.20
	Pizza Pie	\$5.20
	Cheese Pasty (meat)	\$5.20
	Vegetarian Pasty	\$5.00
	Sausage Roll	\$4.50
	Hot Dog in Bread	\$4.50
	Hot Dog – Bread & sauce (no charge for sauce – please indicate on bag if wanted)	\$4.50
	Hot Dog in Roll	\$4.70
	Hot Dog in Roll & sauce (no charge for sauce – please indicate on bag if wanted)	\$4.70
		Plain Chicken Burger (flame grilled chicken breast used in burgers) ~ lettuce & mayonnaise
Chicken Burger ~ salad – mayo, lettuce, cheese & tomato		\$5.50
Hot Ham & Cheese Roll		\$4.50
Pizza (ham & pineapple only)		\$4.50
Pasta ~ spirals & meat sauce (Includes bamboo cutlery)		\$4.60
Pasta ~ spirals & tomato sauce & cheese (Includes bamboo cutlery)	\$4.60	

	Pasta Carbonara	\$4.60
	Hot Chicken Wrap (plain – mayo and lettuce)	\$4.50
	Hot chicken Wrap (sweet chilli and lettuce)	\$4.50

RED FOODS

	Cakes, Slices, Buns	
	Donuts - small	\$3.00
	Drinks	
	Water – 600 ml	\$2.50
	Playwater	\$2.50
	Small Chocolate/Strawberry Milk	\$3.50
	Pop Top Juicy Isles (apple, apple & blackcurrant)	\$2.50
	Apple/Orange Juice (Bottle) - small	\$3.00
	Apple/Orange Juice (Bottle) - large	\$3.50

AMBER FOODS

	Ice-Creams	
	Everest Dixie Cup – Vanilla or Chocolate	\$2.00
	Lemonade Icy Pole	\$2.00
	Over the counter	
	Bag of Sunfruits	\$1.50
	Red Rock Chips (28g pkt)	\$1.50
	Chips – Plain/Salt & Vinegar	\$1.50
	Popcorn	\$1.00

GLUTEN FREE MENU

Sausage Rolls	\$5.50
Chicken Wrap (hot) plain – lettuce and mayo	\$5.50
Chicken Wrap (hot) – sweet chilli sauce and lettuce	\$5.50

The canteen operates within the Red, Amber and Green food guidelines:

- There is no credit given at the canteen.
- Students in Reception to Year 6 must use the lunch order system.
Please note lunch orders made via the QKR app must be submitted by 8:30am on the day required.
- No icy poles or ice-creams to be ordered via a lunch bag as they are often returned to the Canteen because they have melted.
- Please note: if not enough money is in the bag an alteration to the order will be made and change given.