



WEEKLY NEWSLETTER

Hope lights the Way

Tenison Woods College Early Learning to Year 12 Co-Educational Catholic College

WEDNESDAY 5 MARCH 2025 WEEK 6, TERM 1

SPORTS WEEK FUN

Congratulations to all students and staff on a very successful Sports Week! There were some fantastic achievements from students across all events and age groups. The sunshine, fun and colourful costumes, great team spirit and excitement with the track and field events combined to create brilliant atmospheres. Well done to everyone involved! Thank you to all who participated and to the staff who assisted throughout each Carnival.



Reminder: Public Holiday Monday 10 March | Student Free Day Tuesday 11 March

From the Principal



Athletics Carnivals – Excellence, Fun and Community Spirit

I was delighted with the sporting endeavour, personal bests and community spirit which prevailed at our R-2, 3-6, and 7-12 Sports Days last week. I thank students for their wonderful participation, teachers for their careful preparation and parents, carers and extended families for their support.

Special thanks to Tina Opperman (EY-6 Sports Coordinator), Kaitlin Egan (7-12 Sports Coordinator), Aleisha Hunter, Ava Collins and the Health and Physical Education Staff Team of Tenison Woods College for their conceptualisation and leadership of the three day athletics festival.

We also thank our College IT Team and Grounds Team for their work behind the scenes. Likewise thanks to the Sugarloaf Café, Aero Espresso, Hospitality Students and Timor Leste travellers serving from the kiosk and on the BBQ.

We are also looking forward to the South East Interschool Athletics Carnival, on Wednesday 19 March in Naracoorte.



Wellbeing Initiative - Classroom Pulse ‘Check-In’

As in past years, each term this year during week 5 and 6 every student in a Catholic School in South Australia have participated in a simple online Classroom Pulse Check-In. This Check-In has been developed to ascertain how students are currently feeling about their experience in school. It is tailored to allow your child’s teacher(s) to Check-In and provide immediate feedback and support to them. The Check-In has been carried out during the school day.

Catholic Education SA believes that our role is to help every child to be a thriving person, capable learner and a leader for the world God desires. We believe this Check-In plays an important part in supporting that goal and your child. Please do not hesitate to contact me if you require any further clarification.

Volunteers Enthusiastically Welcome

If you would like to volunteer in any capacity at Tenison Woods College, please read and complete the [Volunteer Registration Information Booklet](#) and hand it in to the Tenison Woods College Front Office. This booklet includes a Work Health and Safety induction which must be read and signed prior to commencing any volunteering at the College. Responding to Risks of Harm, Abuse and Neglect Training must also be completed [here](#). You will need to register and create an account before completing the training. Click on the first training option - *RRHAN-EC ‘Responding to Risks of Harm, Abuse and Neglect - Education and Care online training’*. Please print the certificate on completion of training.

A Catholic Police Check or an existing DCSI Working with Children Check is also required prior to volunteering and this can be arranged through the College free of charge.

For further information, please contact our Work Health and Safety Coordinator, [Trudi Dempsey](#) or Director of Wellbeing, [Tania Sigley](#).

A Quick Survey:

Please complete this short 2 minute survey to help inform us about how we can support your involvement with the College:

<https://www.surveymonkey.com/r/Z28NVSX>

Board Annual General Meeting – 26 March, 7:00pm

I remind parents and caregivers of the Annual General Meeting of the Tenison Woods College Board, which will be held on Wednesday 26 March at 7:00pm in the Pam Ronan Centre. Nominations are also sought for people interested in serving on the Board. The associated correspondence has been sent to families and can also be found [here](#).

The School Board is responsible for the governance of the School in the areas

of policy review, financial management, pastoral care (staff, students and parents), maintenance and development and strategic planning. School Board meetings are held once a month with each member of the Board also belonging to a sub-committee, which meets between Board meetings. Elected members serve a two-year term on the Board.

Parents/carers are invited and strongly encouraged to participate in the governance of the School by nominating members of the School community to the School Board.

The timeline for nominations and elections is:

Monday, 17 March 2025	Nominations close 2.00pm
Tuesday, 18 March 2025	Voting papers sent to parents if required
Monday, 24 March 2025	Voting closes
Wednesday, 26 March 2025	AGM of the School Board

Thank you for your time and attention given to the formation of the School Board for 2025.

Lenten Season and Project Compassion – Unite Against Poverty

Today we celebrated Ash Wednesday which marks the start of Lent; the season in which we prepare for Easter.

Students are being encouraged in class to develop a communal action during the Lenten season to bring about change in our world. Fundraising throughout the six weeks of Lent will contribute to **Caritas Australia’s Project Compassion Campaign**. Once again, this Lent Caritas Australia calls us to support Project Compassion under the theme of **‘Unite Against Poverty’**, which is an expression of hope, and reminds us that the good that we do today will extend and impact the lives of generations to come. It invites us to make the world a better place by working together now and finding long-term solutions to global issues.

Stronger Families: A Positive Parenting Conference

We are delighted that the Catholic Schools Parent Association of South Australia have chosen the South East of South Australia as a location for their next Parenting Conference, with two outstanding speakers in two locations; Mount Gambier and Millicent.

Come and listen to two nationally recognised practitioners and speakers:

Madhavi Nawana Parker

Helping children & teens respond to friendship difficulties and bullying

Nathan “Dubby” Want

Navigating inescapable moments

Check out cspsa.catholic.edu.au/events for more information.

There is a \$10 + Booking Fee per person, per location. Light refreshments are included. Tickets available at Humanitix:

Tenison Woods College Mount Gambier Pam Ronan Centre

Monday 17 March

6pm Sharp to 7.30pm

www.events.humanitix.com/stronger-families-mount-gambier

St Anthony’s Catholic School Millicent

Tuesday 18 March

6pm Sharp to 7.30pm

www.events.humanitix.com/stronger-families-millicent

Hon Clare Scriven – Lunchtime Lecture

To celebrate and step forward in solidarity for International Women’s Day (March 8), we are thrilled to have the Honourable Clare Scriven MLC, former scholar, to speak with the young women of Tenison Woods College on Friday 7 March at lunchtime in the Lecture Theatre.

Clare is currently serving as the Minister for Primary Industries and Regional Development, as well as the Minister for Forest Industries, in the Malinauskas Labor government. She has been a member of the South Australian Legislative Council since her election in 2018. We look forward to listening to her insights.

Staff Professional Learning – Tuesday 11 March

Staff are looking forward to the staff professional development day Tuesday 11 March. The whole school will refine our understandings of the “Tenison Way to Catholic Identity and Mission” The ELCC will commence training in the “Circle of Security” and play based learning, while the Junior School will devote time to the craft of numeracy teaching. The Middle School will be refining their integrated curriculum approach, while the Senior School staff will devote their energies curriculum review.

All sub-schools will also be evolving further our wellbeing approach at the school, focusing on metacognitive competencies through our Resilient IMPACT strategy. Keeping Safe: Child Protection Curriculum will also be completed by staff who are required to complete these critical dimensions of our professional practice.

The OSHC will be offering service to families on that day.

Nude Food and Minimising Bins Within the School

Buoyed by the Junior School's successful Nude Food initiative and the reduced waste within the school, we are continually looking to reduce the large dumpsters across the school. We have over recent years replaced these large dumpsters with smaller bins, and have a refined approach to external bins for:

1. General waste
2. Bottles and containers
3. Mixed recyclables – such as paper, cardboard etc
4. Green waste

The Grounds Team and Cleaning Team are committed to assisting the College in realising this ambition if all of the community is on board and works together in a collaborative way. This issue is one of the major life learnings of our time for our young, and I am committed to ensuring that we act with integrity as a school community and teach our children, through our actions, about the care for our planet. Anything you can do and advise as a family in relation to refining our processes will be gratefully received. I trust that with deliberate, creative and collaborative endeavour we can take this very ordinary issue of waste and



God Bless,
David Mezinec
Principal

CIM Team News



Shrove Tuesday, Ash Wednesday and the beginning of Lent

What an amazing start to our Project Compassion Campaign on Shrove Tuesday! Thank you to our student leaders for serving pancakes to the many students who came along to buy a pancake in support of Project Compassion. Be sure to check out the photos on our Tenison Woods College Facebook page. Today, we transitioned into the Season of Lent, marked by Ash Wednesday liturgies. Lent is a time of reflection, self-discipline, and renewal, focusing on the three pillars: PRAYER, FASTING, and ALMSGIVING. These practices can create in us a new way of life and help us contribute to bettering the lives of those around us. This year we will have a whole school focus on each pillar in the weeks leading up to Easter. Lent begins on Ash Wednesday and concludes on Holy Saturday, six weeks. Wondering how you can get involved as well? Try Giving it Up for Lent! Whether it's forgoing a daily indulgence, reducing screen time, or taking on a new spiritual practice, it's a personal way to align with this season of sacrifice and reflection.

Project Compassion

Throughout the six weeks of Lent (40 days), students will learn about the work of Project Compassion and how it has provided help to individuals and communities. Each week of Lent, Caritas Australia highlights a different project or program that they support in a



particular country. These projects focus on issues such as education, healthcare, food security, and access to clean water. To get involved or make a donation, scan this QR code:



Term 1 Masses in the College Chapel

Mass takes place every Thursday at 9:10 am in our school chapel, with a different year level preparing for and attending the Mass each week. We welcome family and community members to attend. The upcoming roster is-
Week 6: Thursday, March 6 – 9:10 am Year 11 Mass
Week 7: Thursday, March 13 – 9:10 am Year 4 Mass
Week 8: Thursday, March 20 – 9:10 am Year 10 Mass

From the Parish

Fish Fridays at the Parish are Back!

After last year's success, Fish Fridays returns this Lent! Join us on Fridays, March 21 and April 4, at the Parish Hall, followed by Stations of the Cross at St Paul's. The hall opens at 5:30pm, with meals served at 6:00pm.

Costs: Main course: \$18, Entrée size: \$15, and Children (8 & under): \$8
All meals include hot chips, bread, and salad. Drinks available for purchase. Please book online or contact the Parish Office for catering and dietary needs. Bookings close by 5:00pm, Wednesday, March 19. Make your booking [here](#).

Sally Telford | Religious Education Coordinator

Library

We have had a very busy start to Term 1 with lots of book borrowing which culminated in around 4500 loans over the first five weeks of term. We have had many classes visit us for orientation lessons including book suggestions for reading as well as library staff working with classes and teachers on using our online resource for referencing and accessing our databases.

Our recess and lunchtimes are filled with students reading, playing board games, catching up on schoolwork or socialising and also our lunch clubs which are Monday Pop-Up (mainly craft but a bit of everything!) and Friday Chess Club, which is gaining a popular following.

We have celebrated one of our library special events this year in Week 3 which was Library Lovers Day with all the library staff feeling the love from the school! Our next big celebration will be National Simultaneous Storytime in Term 2.

With the large amount of book loans, we are now starting to have students with overdue books. Generally, students have a two-week loan for their borrowed book however, we will extend that once if required, but the book must be brought to us to renew the loan. Classes have weekly reminders with a list of students who have overdue books, and we will send an email home once they have been overdue for 4 weeks.

Please encourage your child to return their books promptly to the library when they have finished them as they may also be wanted by another student.

Alexandra Nicholson | Library Manager

Uniform Shop

Opening Hours

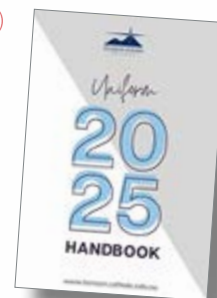
Tuesday 8:00am – 12:00pm (Closed 11 March)
Wednesday 8:00am – 12:00pm
Thursday 12:30pm – 4:30pm

Please note on Tuesday 11 March the Uniform Shop will be closed due to a Student Free day.

Online Store

To access the online Uniform Shop please [click here](#).

Kylie Watson | Uniform Shop



Year 9/10 Cricket

Grant High School 9/126 defeated Tenison Woods College 8/106. Tenison Woods College fell short in a tightly contested match against Grant High School at Yahl Cricket Ground, losing by 20 runs. Chasing 127 for victory, Tenison battled hard but finished at 8/106. Tom Richards led the way with the bat, scoring 25, while Ethan Brook contributed 16. Earlier, Richards was outstanding with the ball, taking 4/10, while Josh Manninen chipped in with 2/14. Despite a strong batting effort, Tenison couldn't quite chase down the target, falling just short in a competitive contest.

Batting: Tom Richards 25, Ethan Brook 16

Bowling: Tom Richards 4/10, Josh Manninen 2/14

Open Cricket

Adelaide High School 4/67 defeated Tenison Woods College 0/66. Tenison Woods College battled hard but fell short to Adelaide High School in Bordertown, going down by six wickets. Batting first, Tenison was bowled out for 66, with Teej Lawlor standing tall with a well-made 37. In the field, Scott McBain took two brilliant catches, while Finn Skeer impressed with 3 wickets. Despite these efforts, Adelaide High proved too strong, reaching 4/67 to claim victory. While there were some standout moments, Tenison was ultimately outplayed by a better side on the day.

Batting: Teej Lawlor 37

Bowling: Finn Skeer 3/18

Italian students explore Carnevale



Our Italian students have been busy exploring Carnevale, a traditional Italian festival leading up to the period of Lent. Students have developed an understanding of the cultural significance of this event. To bring the celebration to life, each student designed and created their own unique mask, embracing the spirit of Carnevale.

Angelica Pietrafesa



See the Community Noticeboard for posters and notices of upcoming events within our College, and wider community. Click [here](#) to view this page.



Scholastic Book Club Issue 2 Out Now

Your child would have received Issue 2 Scholastic book club catalogue this week. All Purchases need to be placed through the LOOP online ordering platform only. LOOP is the easiest way for you to order and pay online for your child's book club order and the books will be delivered to their class. You can place your child's order at scholastic.com.au/LOOP or using the LOOP app, which can be downloaded from the App Store or Google Play. Just follow the prompts to create a new account if it is your first-time ordering (only one account per family is required). We will no longer be accepting cash payments for book club.

All orders for Issue 2 need to be in by Friday 28 March.

If you purchase books as a gift, please let your teacher know so this can be passed on.

Jess Lucas | Library Staff



Upcoming Key Dates

Week 6

Thursday 6 March

Whole School Virtual Assembly
Senior Music Camp

Friday 7 March

Whole School Virtual Assembly
Senior Music Camp
SAPSASA District Swimming Day
Year 4-6 Assembly 2:05pm
Year 2-3 Assembly 2:45pm

Week 7

Monday 10 March

Adelaide Cup Public Holiday

Tuesday 11 March

Student Free Day

Wednesday 12 March

NAPLAN begins
Year 10 Budj Bim & Surfing Camp (Aldridge)

Thursday 13 March

Year 10 Budj Bim & Surfing Camp (Aldridge)
Open Boys and Girls Tennis
10am Reception Liturgy
10:30am Year 3 Liturgy

Friday 14 March

Year 10 Budj Bim & Surfing Camp (Aldridge)
SAPSASA District Golf Day
Open Boys T20 Cricket



Breakfast Club 2025

VOLUNTEERS NEEDED



Contact Trent Eitzen to offer your assistance
eitzt@tenison.catholic.edu.au



Are you hungry?

Do you come on the bus?
No time for breakfast at home?

Quick & Easy

Start your day right at

Breakfast Club

Delicious



BC operates
**Tuesday,
Wednesday &
Thursday**
from **8:10am - 8:40am**
in the Home Ec Room
(Room 705, upstairs)



POP SHOP NOW OPEN – HANDMADE & RECYCLED CREATIONS FOR SALE!



We are excited to announce that Pop Shop is officially open for 2025! Our shop is stocked with a fantastic range of handcrafted and sustainable products, perfect for gifts or everyday use.

Our operating hours are:

- Monday, Tuesday & Wednesday: 2:00pm – 3:00pm
- Friday: 12:00pm – 1:00pm

At Pop Shop, we take pride in creating unique and eco-friendly items. Our range includes garden stakes, bowls, pens, pots, dog bowl holders, and soap dishes, all made from recycled plastics. Additionally, we offer beautifully handcrafted wooden products, including wooden spoons, crosses, and chopping boards.

We would love to see both staff and members of the public visit our shop, support our initiative, and take home a special piece made with care. Every purchase helps promote sustainability and creativity in our community.

Follow us on social media

TikTok & Instagram: @twc_popshop

Come in, browse our collection, and find something you love at Pop Shop!

Utilising SEQTA Learn For Students

✓ ASSESSMENT RESULTS AND FEEDBACK

✓ TIMETABLE

✓ HOMEWORK

✓ CALENDAR

✓ WELLBEING STRATEGIES

✓ ASSIGNMENT RESOURCES

✓ NOTICES

✓ CAREER PLANNING

✓ ONLINE LIBRARY

✓ FOLDR FOR SHARED FILES

✓ ALSO: NEWSROOM, ACCESS TO SOFTWARE FOR BYOD, TURNITIN PLAGIARISM CHECKER, DAILY UV, STUDIOSTY, CANVA PREMIUM + MORE



Aunty Michelle Visits the ELCC

We have been excited to welcome Aunty Michelle back to the ELCC this year. In a series of sessions, children have been learning Boandik words, singing songs, hearing stories and making paint from ochre. Grinding the stones and mixing with water to form the natural paint, a technique used by Aboriginal people for thousands of years. The children demonstrated strong fine motor skills and a sense of joy putting the paint on their faces and bodies. Thank you Aunty Michelle.



SHROVE TUESDAY

Pancakes were served yesterday before Lent began today. Traditionally, households used up luxury items like butter and milk before the season of fasting began. Yesterday, our students embraced this tradition with generosity, donating money and enjoying delicious pancakes. All funds raised are going to support the Caritas Project Compassion.



ASH WEDNESDAY



YEARS 7-12 ATHLETICS CARNIVAL

1ST WOODS
5518

2ND MCAULEY
4978

3RD MACKILLOP
4936

4TH CHAMPAGNAT
3550

Congratulations to Woods on defending their title as champions of the Years 7-12 Athletics Carnival, and to MacKillop on being awarded the Spirit stick. We congratulate the following students on their efforts on winning the following:

1. **Best Dressed Group:** Yo Gabba Gabba
2. **Best Dressed Student:** She's the Man - Holly Flint
3. **Best Dressed Staff Member:** Facebook - Katrina Mott
4. **Under 13 Age Group Champions:** Sophie Pearce & Barney Logan
5. **Under 14 Age Group Champions:** Annabelle & Tyson Sears
6. **Under 15 Age Group Champions:** Albert & Lucy Crowe
7. **Under 16 Age Group Champions:** Thraviz Coronel & Asha Gysbers
8. **Open Age Group Champions:** Maggie Collins & Marcus Brand
9. **Fastest Female:** Raine Darimaani
10. **Fastest Male:** Harrison Kennion
11. **Con Brown Memorial Trophy:** Thraviz Coronel
12. **Junior Athletics Champion:** Annabelle
13. **Senior Athletics Champion:** Asha Gysbers



1



2



3



1st Place Champions -
WOODS



4



5



6



7



8

YEARS 7-12 ATHLETICS CARNIVAL



Spirit Stick - MACKILLOP





2025 ATHLETICS CARNIVAL RECORDS BROKEN

EVENT	PREVIOUS RECORD HOLDER & YEAR	SCORE	NEW RECORD HOLDER	SCORE
13 Yr Female 1500m	Piper Wardle (Woods 2024)	6:12.81	Maeva Ellis (Champagnat)	5:53.16
13 Yr Male 1500m	Thraviz Coronel (McAuley 2022)	5:57.88	Will Hosking (Champagnat)	5:48.93
13 Yr Female Javelin	Indiana Coghlan (McAuley 2024)	18.5m	Alliarna Ashby (Champagnat)	21.32m
13 Yr Male Long Jump	Hamish Gordon (Woods 2022)	4.07m	Benjamin Baxter (Champagnat)	4.12m
16 Yr Female Hurdles 90m	Alannah Campbell (Woods 2008)	16.61	Raine Darimaani (Champagnat)	16.53
13 Yr Male 100m	Albert Peters (Woods 2023)	14.21	Barney Logan (MacKillop)	13.44
14 Yr Female Javelin	Gracie Carroll (Champagnat 2024)	22.9	Annabelle Gordon (Woods)	23.55
13 Yr Female 400m	Sophie Pearce (Woods 2024)	1:09.73	Sophie Pearce (Woods)	1:07.85
13 Yr Female Discus	Sebella Coghlan (McAuley 2022)	20.1	Hazel Hamilton (Woods)	22.49
16 Yr Female 400m	Brooke Dempsey (Woods 2006)	1:05.05	Raine Darimaani (Champagnat)	1:02.60
16 Yr Female 200m	Maggie Collins (Woods 2024)	28.96	Raine Darimaani (Champagnat)	26.71
16 Yr Male 200m	Ben Bamford (Lavalla 1994)	24.50	Harrison Kennion (MacKillop)	24.19
13 Yr Male 4x100m Relay	McAuley (2023)	1:00.40	MacKillop	59.84

Road Closure - Shepherdson Road



Parents are to be informed that the road closure along Shepherdson Road between Bertha Street and Wehl Street South will now be beginning next Tuesday 11 of March. Due to the public holiday next Monday, the works have been postponed until after the long weekend to maintain thoroughfare and minimise public disruption. Please take note if this impacts your family's journey to school.

QKR! App Important Reminders

When using the QKR! App for canteen orders, please be reminded of the below points. The Canteen have noticed an increase in errors, so please take care when ordering. User accuracy is extremely important when using the QKR! App. Please be vigilant with student name, and class. If you have made a mistake, you can click profile on the QKR home page, and edit the student's profile.

- Only 1 Order Per Child (please don't order for siblings using 1 child's name, each child needs their own unique profile)
- If child goes home sick, please let the Front Office know that they had a canteen order for that day (or phone the canteen directly on 8724 4607 to notify). Any children who are sick, without the canteen being notified prior to recess time will forfeit their order.
- Once orders are placed on the App, no changes can be made to the order.
- If a forward order is completed, the money will be deducted from the chosen bank account on the day the order is placed.

Leanne Sandow | Canteen Manager

YEAR 3-6 SPORTS DAY

1ST WOODS
570

2ND MACKILLOP
500

3RD MCAULEY
447

4TH CHAMPAGNAT
306

Congratulations to Woods on winning the Years 3-6 Sports Day (1). We congratulate the following students on their efforts on winning the Age Group Champion:

2. Under 8 Female Age Group Champion: Scarlett Nixon
Under 8 Male Age Group Champion: Ryan McDonnell

3. Under 9 Female Age Group Champion: Mila Buckley
Under 9 Male Age Group Champion: Judd Buntsma

4. Under 10 Female Age Group Champions: Lienke Van der Westhuizen
Under 10 Male Age Group Champion: Matthew Allen

5. Under 11 Female Age Group Champion: Scarlett Lang
Under 11 Male Age Group Champion: Joseph Dikete

6. Under 12 Female Age Group Champion: Sienna Buntsma
Under 12 Male Age Group Champion: Max Pitson



YEARS 3-6 SPORTS DAY



R-2 SPORTS DAY



R-2 SPORTS DAY



STRONGER FAMILIES:

A POSITIVE PARENTING CONFERENCE

**The South East Tour...
Two Locations!**

**TENISON WOODS
COLLEGE**
MOUNT GAMBIER

**MONDAY
MARCH 17**

**6PM SHARP
TO 7.30PM**

**ST ANTHONY'S
CATHOLIC SCHOOL**
MILLICENT

**TUESDAY
MARCH 18**

**6PM SHARP
TO 7.30PM**



MADHAVI NAWANA PARKER

HELPING CHILDREN & TEENS
RESPOND TO FRIENDSHIP
DIFFICULTIES AND BULLYING



NATHAN "DUBSY" WANT

NAVIGATING
INESCAPABLE
MOMENTS

\$10 + Booking Fee per person, per location. Light refreshments included.

Tickets available at Humanitix:

www.events.humanitix.com/stronger-families-mount-gambier

www.events.humanitix.com/stronger-families-millicent



PRESENTED BY CATHOLIC SCHOOL PARENTS SA
cspsa.catholic.edu.au/events

Guest Choreographer for Senior Students Ahead of Dance Showcase

Josh Shephard, a previous student of Mrs Hough, visited the College for a dance workshop with the Years 10-12 Dance Students. He taught them a routine for their dance showcase which will take place in Term 3. It was a treat to experience his expertise as he prepares for his first professional contract dancing aboard one of the ships for Royal Caribbean Cruiselines.

